

# Sports Nutrition For Paralympic Athletes

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Key is the applied knowledge of sports nutrition to the specific population group and the commentary boxes containing quotes from Paralympic athletes and experts adds

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Paralympic Nutrition sport athletes are now highly trained and many of a multi disciplinary approach for the Paralympic sports due to the unique

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How to Cite. Van de Vliet, P., Broad, E. and Strupler, M. (2011) Nutrition, Body Composition and Pharmacology, in The Paralympic Athlete: Handbook of Sports Medicine

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Introduction What I learned was that these athletes were not disabled, they were superabled. The Olympics is where heroes are made. The Paralympics is where

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Subject: Sports Nutritional Physiological Phenomena.; Nutritional Requirements.; Sports for Persons with Disabilities.; Exercise Physiological aspects.;

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Features. Gives a step-by-step analysis of the various categories of Paralympic sport, as well as their physiological and nutritional challenges

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9781466507562: Publicado: Enero 2014: Sports Nutrition for Paralympic Athletes provides information on the broad subcategories of all physical impairments,

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